

# Mountain Laurel Family Practice

Please complete all sections in legible print.

## PERSONAL INFORMATION

Name-Last \_\_\_\_\_ First \_\_\_\_\_ MI \_\_\_\_\_

Date of Birth \_\_\_\_\_ Gender \_\_\_\_\_ Martial Status \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State/Zip \_\_\_\_\_

Phone-Home \_\_\_\_\_ Work \_\_\_\_\_ Cell \_\_\_\_\_

Email \_\_\_\_\_

SS# \_\_\_\_\_ Employer \_\_\_\_\_

Emergency Contact: (Name/Phone#/Relationship) \_\_\_\_\_

**Insurance Information** Please provide a copy of your insurance card so we can accurately enter your information.

Ethnicity: (Please check one.)

- Hispanic or Latino
- Non Hispanic or Latino
- I do not wish to specify my ethnicity

Preferred language: \_\_\_\_\_

Race: (Please check one.)

- American Indian or Alaska Native
- Asian
- Black or African American
- Native Hawaiian or Other Pacific Islander
- White
- I do not wish to specify my race

Preferred communication: (Please check one.)

- Home Phone
- Cell Phone
- Work Phone
- Email
- Other \_\_\_\_\_

**Individual Medical Release** Please list all individuals that we are authorized to provide information to. This release will authorize us to provide medical information, appointments, billing information, etc. with all individuals listed below. Any change in the authorization must be made to MLFP staff and be initialed and dated by both MLFP staff and the patient.

Name/Relationship \_\_\_\_\_

Name/Relationship \_\_\_\_\_

Name/Relationship \_\_\_\_\_

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

**Mountain Laurel Family Practice**  
**Patient Health History**

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Date of birth: \_\_\_\_\_

**Past Medical History**

Previous surgeries (list type and date/year of surgical procedures; approximate dates are acceptable):

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Past hospitalizations (list date and reason for hospitalization):

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Specialist care in the last 5 years (list provider's name and reason for care):

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Diagnostic testing (list previous x-rays, MRI, and CT scans and the reason that they were performed):

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Ongoing health issues (conditions for which you have been treated > 3 months):

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**Medication Allergies (include medication and type of adverse reaction):**

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Current medications (include all prescription, over-the-counter medications, vitamins, and supplements):

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**Family History**

Limit history to parents, grandparents, siblings, and children; list who had each condition, if relevant.

High blood pressure: \_\_\_\_\_

Diabetes: \_\_\_\_\_

Cancer (include type): \_\_\_\_\_

Stroke: \_\_\_\_\_

Heart attack/cardiovascular disease: \_\_\_\_\_

Depression/anxiety/mental illness: \_\_\_\_\_

Asthma/allergies: \_\_\_\_\_

**Preventative Healthcare**

Last wellness exam/physical: \_\_\_\_\_

Lab work: \_\_\_\_\_

Eye exam: \_\_\_\_\_

Dental exam: \_\_\_\_\_

Mammogram: \_\_\_\_\_

Pap smear: \_\_\_\_\_

Bone density (DEXA scan): \_\_\_\_\_

Colonoscopy: \_\_\_\_\_

Foot exam (if diabetic): \_\_\_\_\_

**Social History** (indicate type, amount, and duration of use)

Tobacco (oral and/or cigarettes/cigars): \_\_\_\_\_

Alcohol: \_\_\_\_\_

Street/licit drugs: \_\_\_\_\_

Caffeine: \_\_\_\_\_

**Wellness**

Exercise (number of days/week and type of exercise): \_\_\_\_\_

\_\_\_\_\_

Diet (dietary restrictions or specific diet followed): \_\_\_\_\_

\_\_\_\_\_

Flu vaccine: \_\_\_\_\_

Tetanus (TDAP vaccine): \_\_\_\_\_

Pneumonia vaccine: \_\_\_\_\_

Shingles (zoster) vaccine: \_\_\_\_\_

Other recent vaccinations received: \_\_\_\_\_

Employment (what do you do for a living?): \_\_\_\_\_

Who do you live with? \_\_\_\_\_

Are there any specific health concerns that you would like to address during your office visit today?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

On the day of your office visit

MLFP office policies 8/2015

- 1- please arrive 15 minutes prior to visit so that you are ready for your appointment time
- 2- please bring a current medication list or your medication bottles to each visit
- 3- bring current insurance card and co-payment to every visit
- 4- for cash paying patients- be prepared to pay on the day of your visit or make arrangements BEFORE you are seen

Between office visits

- 5- Refills are issued during visits and it is YOUR responsibility to follow up before you are out of medications.

**We will charge a \$10 refill fee if you need refills and are overdue for follow up.**

- 6- Controlled medications are only filled at office visits and will not be issued unless seen
- 7- Antibiotics will not be issued over the phone-unless recently seen for a related issue.

Expectations

- 8- All patients are allowed ONE no show appointment and if a second occurs we will not be able to see you as a patient in the future

**All patients are charged \$25 for this "one time" no show appointment.**

- 9- We request a 24 hour notice on cancellations, so that we may give someone else the opportunity to be seen

These updated policies were created with the intent to improve our time management and to give us more time with our patients face to face

Please let us know if you have any questions

\_\_\_\_\_ pt sig \_\_\_\_\_ witness \_\_\_\_\_ date